Suicide Prevention: Use the website to answer the following questions. <https://www.helpguide.org/articles/suicide-prevention/suicide-prevention.htm>

1. What is the suicide help phone #?
2. Explain the facts for each myth.

**Myth: People who talk about suicide won't really do it.**

**Myth: Anyone who tries to kill him/herself must be crazy.**

**Myth: Talking about suicide may give someone the idea.**

1. List 5 Warning Signs of suicide.
2. What is one thing you could say to start a conversation about suicide?
3. What is one thing you could say that helps?
4. What are two things you should NOT do when talking with a suicidal person?
5. What is meant by a HIGH level of suicide risk?
6. What is a safety plan?
7. What are three suicide risk factors?
8. Why are teens at a high risk for suicide?